

## Come and join us!

Oxford Phab are always looking for new members, disabled and non-disabled. If you want to make new friends, meet interesting people and regularly attend an active social club, then come and join us.

## What do Phab Clubs do?

Firstly, it's the members, both disabled and non-disabled who decide. Our club elects a committee who in consultation with the members plan a programme for the club.

We mostly meet up on Friday evenings, but sometimes arrange activities outside the regular club night (please see our current programme on the inside of this leaflet).



## Your local club is:

### Oxford Phab Club

Wesley Memorial Church  
New Inn Hall Street  
Oxford  
OX1 2DH  
[www.oxfordphab.org.uk](http://www.oxfordphab.org.uk)  
[info@oxfordphab.org.uk](mailto:info@oxfordphab.org.uk)  
Tel: 01865 243216  
Fax: 01865 247706

Co-ordinator: Mary Lines  
[mary@oxfordphab.org.uk](mailto:mary@oxfordphab.org.uk)  
Tel: 01865 721294

Chair: Helen Williams  
[helen@oxfordphab.org.uk](mailto:helen@oxfordphab.org.uk)  
Tel: 07772 888945

Oxford Phab is affiliated to the national organisation Phab England, whose head office is based at:  
Summit House, Wandle Road  
Croydon, CR0 1DF  
Tel: 020 8667 9443  
Email: [info@phabengland.org.uk](mailto:info@phabengland.org.uk)  
[www.phabengland.org.uk](http://www.phabengland.org.uk)



[www.oxfordphab.org.uk](http://www.oxfordphab.org.uk)

## The Phab Aim:

*"To promote and encourage people of all abilities, to come together on equal terms, to achieve complete inclusion within the wider community."*

Oxford Phab is a Registered Charity  
No. 1021037

**Oxford Phab Programme**  
**Winter/Spring 2020**

**Friday Nights are usually 7:15pm until 10pm unless otherwise stated.**

**Friday 3<sup>rd</sup> January**

Motown at New Theatre, Oxford.

**Friday 10<sup>th</sup> January**

Club Night at WMC with New Year Catch Up.

**Friday 17<sup>th</sup> January**

Club Night at WMC with Boccia

**Friday 24<sup>th</sup> January**

Club Night at WMC with Beetle Drive

**Friday 31<sup>st</sup> January**

Bowling at Hollywood Bowl, Ozone Leisure Park, Grenoble Rd, OX4 4XP  
Limited places £7.00.

Please pay by 17<sup>th</sup> January

**Friday 7<sup>th</sup> February**

Club Night at WMC with Fish and Chip Supper. See Mary for menu choices.  
Order and pay for food by 31<sup>st</sup> January.

**Friday 14<sup>th</sup> February**

Club Night at WMC with Zumba run by George Martini.

**Saturday 15<sup>th</sup> February**

Arts and Crafts Day at Hounslow Phab  
£5 for crafts and optional £5 for burger.  
Please pay by 31<sup>st</sup> January

**Friday 21<sup>st</sup> February**

Club Night at WMC with pancakes  
Please bring a topping.

**Friday 28<sup>th</sup> February**

Donnington Social Club, Townsend Square, OX4 4BS. Don't forget to bring money for drinks

**Friday 6<sup>th</sup> March**

Club Night at WMC with Hama Beads

**Friday 13<sup>th</sup> March**

Club Night at WMC with Quiz.

**Friday 20<sup>th</sup> March**

Club Night at WMC with Hockey and games

**Friday 27<sup>th</sup> March**

Club Night at WMC with Crafts.

**Friday 3<sup>rd</sup> April**

Club Night at WMC with Easter Bingo

Please bring a prize

**Friday 10<sup>th</sup> April**

Good Friday. No Phab

**Friday 17<sup>th</sup> April**

Club Night at WMC

**Friday 24<sup>th</sup> April**

No Phab

**Friday 1st May**

Club Night at WMC with Film Night

**Dates for Diary**

**Friday 21<sup>st</sup> August to Sunday 23<sup>rd</sup> August 2020**

Weekend break at Avon Tyrrell in the New Forest. Cost £100 for members. Separate booking forms. Please pay £20 deposit a.s.a.p. to reserve your place. Final payments by 29<sup>th</sup> May 2020

**WMC = Wesley Memorial Church**

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