

Come and join us!

Oxford Phab are always looking for new members, disabled and non-disabled. If you want to make new friends, meet interesting people and regularly attend an active social club, then come and join us.

What do Phab Clubs do?

Firstly, it's the members, both disabled and non-disabled who decide. Our club elects a committee who in consultation with the members plan a programme for the club.

We mostly meet up on Friday evenings, but sometimes arrange activities outside the regular club night (please see our current programme on the inside of this leaflet).



Your local club is:

Oxford Phab Club

Wesley Memorial Church
New Inn Hall Street
Oxford
OX1 2DH
www.oxfordphab.org.uk
info@oxfordphab.org.uk
Tel: 01865 243216

Co-ordinator: Mary Lines
mary@oxfordphab.org.uk
Tel: 01865 721294

Chair: Helen Williams
helen@oxfordphab.org.uk
Tel: 07772 888945

Oxford Phab is affiliated to the national organisation Phab England, whose head office is based at:

Summit House, Wandle Road
Croydon, CR0 1DF
Tel: 020 8667 9443

Email: info@phabengland.org.uk
www.phabengland.org.uk



www.oxfordphab.org.uk

The Phab Aim:

"To promote and encourage people of all abilities, to come together on equal terms, to achieve complete inclusion within the wider community."

Oxford Phab is a Registered Charity
No. 1021037

Oxford Phab Programme
Autumn 2019

**Friday Nights are usually 7:15pm
until 10pm unless otherwise stated.**

Friday 6th September

Club Night at WMC at 7.15pm with
Summer Catch Up

Friday 13th September

Club Night at WMC with games

Saturday 14th September

Serving refreshments in aid of Church
Open Doors Project. All help welcomed.
10am to 5pm

Friday 20th September

Club Night at WMC with Boccia

Friday 27th September

Club Night at WMC with Film Night

Friday 4th October

Bowling at Hollywood Bowl, Ozone
Leisure Park, Grenoble Rd, OX4 4XP
Limited places. Please pay £6.60 by 27th
Sept.

Friday 11th October

Club Night at WMC with Zumba led by
George Martini

Friday 18th October

Club Night at WMC with Cookie Making

Friday 25th October

Club Night at WMC with video games

Friday 1st November

Halloween Disco at Banbury Phab.
Please pay £5 by 25th Oct.

Friday 8th November

Zumbathon to raise money for Children
in Need at CLC, The Regal, Cowley
Rd. OX4 2AF. £10 recommended
donation.

Friday 15th-Sunday 17th Nov 2019.

**Phab South East Fun Weekend at
Chichester. Fully Booked.**

Final payments by 30 Sept 2019

Friday 22nd November

Club Night at WMC with Christmas
Crafts.

Friday 29th November

Club Night at WMC with
Annual General Meeting at 8pm.
Nominations for committee to Mary Eddy
(Secretary) by Friday 22nd November

Friday 6th December

Gospel Choir Concert at WMC see Mary
for more details.

Friday 13th December

Club Night at WMC with Christmas Bingo.
Please bring a prize.

Friday 20th December

Christmas Dinner at WMC

Traditional Turkey Dinner with Vegetarian
Option.
£10 to be paid by 6th December

**No Phab 27th December & 3rd January
Happy Holiday!**

We are also planning a theatre trip over
the Christmas Break. More details to
follow

Friday 10th January

Club Night at WMC

WMC = Wesley Memorial Church

**We are always keen to find different
activities to make our club nights more
enjoyable so if you have an idea please let
Mary or one of the committee know.**