

## Come and join us!

Oxford Phab are always looking for new members, disabled and non-disabled. If you want to make new friends, meet interesting people and regularly attend an active social club, then come and join us.

## What do Phab Clubs do?

Firstly, it's the members, both disabled and non-disabled who decide. Our club elects a committee who in consultation with the members plan a programme for the club.

We mostly meet up on Friday evenings, but sometimes arrange activities outside the regular club night (please see our current programme on the inside of this leaflet).



## Your local club is:

### Oxford Phab Club

Wesley Memorial Church  
New Inn Hall Street  
Oxford  
OX1 2DH  
[www.oxfordphab.org.uk](http://www.oxfordphab.org.uk)  
[info@oxfordphab.org.uk](mailto:info@oxfordphab.org.uk)  
Tel: 01865 243216  
Fax: 01865 247706

Co-ordinator: Mary Lines  
[mary@oxfordphab.org.uk](mailto:mary@oxfordphab.org.uk)  
Tel: 01865 721294

Chair: Helen Williams  
[helen@oxfordphab.org.uk](mailto:helen@oxfordphab.org.uk)  
Tel: 07772 888945

Oxford Phab is affiliated to the national organisation Phab England, whose head office is based at:  
Summit House, Wandle Road  
Croydon, CR0 1DF  
Tel: 020 8667 9443  
Email: [info@phabengland.org.uk](mailto:info@phabengland.org.uk)  
[www.phabengland.org.uk](http://www.phabengland.org.uk)



[www.oxfordphab.org.uk](http://www.oxfordphab.org.uk)

### The Phab Aim:

*"To promote and encourage people of all abilities, to come together on equal terms, to achieve complete inclusion within the wider community."*

Oxford Phab is a Registered Charity  
No. 1021037

**Oxford Phab Programme**  
**Spring / Summer 2019**

**Friday Nights are usually 7:15pm until 10pm unless otherwise stated.**

**Friday 26<sup>th</sup> April**

Club Night at WMC with Film Night

**Friday 3<sup>rd</sup> May**

Club Night at WMC with Tennis

**Friday 10<sup>th</sup> May**

Club Night at WMC with Boccia

**Friday 17<sup>th</sup> May**

Disco by DJ Lee at WMC to celebrate Robin's birthday.

Please bring nibbles or soft drinks.

**Friday 24<sup>th</sup> May**

Club Night at WMC with Hockey

**Friday 31<sup>st</sup> May**

Club Night at WMC or Donnington Social Club, **TBC**

**Friday 7<sup>th</sup> June**

Club Night at WMC with Cookery

**Friday 14<sup>th</sup> June**

Club Night at WMC with Connect 4.

**Friday 21<sup>st</sup> June**

Club Night at WMC

**Friday 28<sup>th</sup> June**

Zumba Fundraiser at The Regal, CLC, 300 Cowley Rd. Doors open 7.30.

Raising money for Cancer organisations. Donation of £5 or £10  
Event finishes at 10.30pm

**Friday 5<sup>th</sup> July to Sunday 7<sup>th</sup> July**

Weekend break at Avon Tyrrell in the New Forest. Cost £100 for members.

Separate booking forms. Please pay £20 deposit a.s.a.p. to reserve your place. Final payments by 10<sup>th</sup> May 2019

**Friday 12<sup>th</sup> July**

Club Night at WMC with Zumba run by George Martini

**Friday 19<sup>th</sup> July**

BBQ at Botley WI Hall, North Hinksey Lane.

**Friday 26<sup>th</sup> July**

Club Night at WMC with Beetle Drive

**No Phab Club in August**

**Friday 6<sup>th</sup> September**

Club Night at WMC

**Friday 13<sup>th</sup> September**

Club Night at WMC

**Dates for Diary**

**Friday 15<sup>th</sup>-Sunday 17<sup>th</sup> Nov 2019. Phab South East Fun Weekend at Chichester. £160 sharing / £185 single.**

Final payments by 30 Sept 2019

**WMC = Wesley Memorial Church**

**TBC = To be confirmed**

**We are always keen to find different activities to make our club nights more enjoyable so if you have an idea please let Mary or one of the committee know.**