

## Come and join us!

Oxford Phab are always looking for new members, disabled and non-disabled. If you want to make new friends, meet interesting people and regularly attend an active social club, then come and join us.

## What do Phab Clubs do?

Firstly, it's the members, both disabled and non-disabled who decide. Our club elects a committee who in consultation with the members plan a programme for the club.

We mostly meet up on Friday evenings, but sometimes arrange activities outside the regular club night (please see our current programme on the inside of this leaflet).



## Your local club is:

### Oxford Phab Club

Wesley Memorial Church  
New Inn Hall Street  
Oxford  
OX1 2DH  
[www.oxfordphab.org.uk](http://www.oxfordphab.org.uk)  
[info@oxfordphab.org.uk](mailto:info@oxfordphab.org.uk)  
Tel: 01865 243216

Co-ordinator: Mary Lines  
[mary@oxfordphab.org.uk](mailto:mary@oxfordphab.org.uk)  
Tel: 01865 721294

Chair: Helen Williams  
[helen@oxfordphab.org.uk](mailto:helen@oxfordphab.org.uk)  
Tel: 07772 888945

Oxford Phab is affiliated to the national organisation Phab England, whose head office is based at:  
Summit House, Wandle Road  
Croydon, CR0 1DF  
Tel: 020 8667 9443  
Email: [info@phabengland.org.uk](mailto:info@phabengland.org.uk)  
[www.phabengland.org.uk](http://www.phabengland.org.uk)



[www.oxfordphab.org.uk](http://www.oxfordphab.org.uk)

### *The Phab Aim:*

*"To promote and encourage people of all abilities, to come together on equal terms, to achieve complete inclusion within the wider community."*

Oxford Phab is a Registered Charity  
No. 1021037

## Oxford Phab Programme Autumn / Winter 2021

### **Friday 5<sup>th</sup> November**

Phab chat on Zoom from 7.30pm to 8.45pm with Firework themed Quiz questions.

### **Friday 12<sup>th</sup> November**

Phab at Wesley Memorial from 7pm to 9pm with Annual General Meeting at 8pm(also on Zoom). Nominations for Committee sent to Mary Lines by 5<sup>th</sup> November.

### **Friday 19<sup>th</sup> November**

Chat on Zoom from 7.30pm and Zumba with George from 8.15pm

### **Friday 26<sup>th</sup> November**

Club Night at Wesley Memorial from 7pm to 9pm.

### **Friday 3<sup>rd</sup> December**

Phab chat on Zoom from 7.30pm to 8.45pm

### **Friday 10<sup>th</sup> December**

Club Night at Wesley Memorial from 7pm to 9pm with Christmas Crafts

### **Friday 17<sup>th</sup> December**

Club Night at Wesley Memorial with Christmas Bingo and Seasonal Refreshments  
Please bring a prize

### **No Phab 24<sup>th</sup> & 31<sup>st</sup> December Happy Holiday!**

### **Friday 7<sup>th</sup> January**

Club Night at Wesley Memorial from 7pm to 9pm

### **Covid 19**

We are pleased to have these chances to get together face to face but we will be following Social Distancing guidelines to keep everyone safe as levels of Covid are still high.

All members are asked to wear masks when entering and leaving the building. Our meetings will be shorter than before. (7pm to 9pm). We will need preparation and cleaning time so **please do not arrive early** and please leave promptly. **If you are showing any symptoms or have recently been in contact with anyone who has Covid 19 please do not come as we have several members who are vulnerable.**

For Zoom link email  
mary@oxfordphab.org.uk



### **Dates for Diary (Covid Permitting)**

#### **Saturday 23<sup>rd</sup> April**

Purple Extravaganza: A Fun and Fundraising Ball in Harlow, Essex to raise funds for the Kelly Jackson Memorial Fund.

#### **Friday 29<sup>th</sup> to Sunday 31<sup>st</sup> July 2022**

Weekend break at Avon Tyrrell in the New Forest. Cost £100 for members. Booking forms available January 2022.

#### **November 2022 (To be confirmed)**

Phab SE Fun Weekend at Chichester Park Hotel, Sussex.